



# NEWSLETTER

**FABULOUS BIKE RACKS  
BUILT BY OUR YEAR 11  
CONSTRUCTION STUDENTS**



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**Phone: 4 3 4 0 0 2 4 6**

**Fri Oct 28:  
#WTD2022**



*Hats off to Teachers*



**YEAR 8 MOCK INTERVIEW DAY**



## CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 24	October 25	October 26	October 27	October 28	October 31	November 1	November 2	November 3	November 4
HSC Exams		HSC Exams	HSC Exams	HSC Exams	HSC Exams	HSC Exams	HSC Exams	HSC Exams	HSC Exams
Generation Survey Year 10		Year 11 Wellbeing Day P-Tech Mentoring		World Teacher's Day	Outdoor Rec: Skateboard Clinic		P-Tech Guest Speaker	Maritime Museum	Year 12 Sign-out





## FROM OUR RELIEVING PRINCIPAL

**Hello to our wonderful Kariong Mountains School Community.**

**My name is Donna James** and I proudly write this newsletter as your new relieving Principal; I am truly excited and grateful for being given this opportunity.

**I would firstly like to recognise Anne Vine**, your outgoing school Principal. A respected and inspirational leader, Ms Vine's leadership and dedication to the Kariong Mountains High School community is to be admired and celebrated. I wish her well for her future ahead. I'd also like to acknowledge and thank Mr White and Mr Cartner for their work in the relieving roles of Principal and Deputy Principal this year.

**Unity, Knowledge, Respect** are our schools PBL values and our framework that we all will continue to work within as a positive and supportive school. My high expectations and vision, as an experienced Deputy Principal of 15 years and now relieving Principal, is to lead a dynamic, harmonious and inclusive learning environment that will achieve success for all in our school community. As a school leader, my modelling and commitment to fostering respectful relationships in all facets of our school community underpins all I believe in. Success does not come alone – the ability to work with each other and foster healthy, collaborative relationships has always been at the core of myself as a school leader. Central to realising my vision is my responsibility, trust and commitment to model and lead a dynamic culture of teamwork, respect, trust and high expectations. Individually our students have challenges, but collectively, we will work together to realise all student's potential in the future outside Kariong Mountains High School gates.

High expectations in a school can be interpreted and seen in many ways, such as positive student attendance, credible results in NAPLAN, ROSA and the HSC, pride in students wearing their uniform. I believe the collaborative understanding and support of the parent community in such indicators is critical to achieving learning success:

### **Positive Student Attendance:**

Consistent attendance underpins a student's ability to improve learning and succeed at school. It is the expectation of the Department of Education that all students should be attending 95% or more in the school year, which equates to at least 190 days per year. In the weeks ahead, I will be working with the attendance team to review and refine processes to ensure the

school is supporting students and parents in navigating this important indicator. Regular updates through the newsletter, social media and parent e-mail will be communicated by myself throughout the term.

### **HSC 2022**

Year 12 are currently sitting their HSC examinations. Congratulations to all students, staff and parents at KMHS for the support that has been given to reach the 'final hurdle'. I wish all students well as they navigate the remainder of the HSC, and the school community look forward to celebrating your success' during the term.

### **Uniform**

From my experience as a school leader, I have a strong belief that uniform is an integral part of our school culture; how students wear the uniform at school and in our school community is an indicator of the pride and respect students have for themselves and their learning environment of Kariong Mountains High School. In my experience, a consistent uniform approach also sets a positive tone in a school. Thank you to all parents for your efforts in sending students to school in full school uniform - they look fantastic, and the efforts are evident. A reminder to families that the KMHS Uniform shop is the school's sole supplier. In the weeks ahead I will be reviewing the KMHS uniform policy and procedures and will be communicating to our school community expectations on the processes the school has in place.

As your relieving principal, and a parent myself, I am grateful and privileged to be entrusted with your child's learning journey. I am committed in my role to continually develop and maintain quality relationships across Kariong Mountains High School's wonderful learning community. It is my belief that I am entering a partnership with each family in our school. I look forward to meeting and building respectful relationships with you all, navigating the learning journey of our students and to sharing the celebrations of success for your children in the times to come.

### **Thankyou**

*Mrs Donna James  
Relieving Principal*

**P&C MEETING: MONDAY NOVEMBER 14**  
**7pm in the School Library**

**COME AND MEET OUR NEW RELIEVING PRINCIPAL**







## DEPUTY PRINCIPAL'S REPORT

**I hope all students and families had a happy and safe holiday.**

With our return to term, I would like to reinforce our school expectations. Our core values of **'Unity, Knowledge, Respect'** continue to apply.

Students are to arrive to school on time. Our school day commences at 8.50am. Punctuality to class is also important.

### Attendance, Phones and Uniform

**Attendance at school** will be closely monitored this term. Students who are ill are expected to stay at home and the absence explained through a note, phone call, email or the Compass app.

**Students are reminded that mobile phones are expected to be placed in bags before entering classrooms.** They are, more often than not, a distraction to learning, and used inappropriately, are disrespectful to the teacher conducting the lesson. This strongly links to our values of Knowledge and Respect.

**Students are expected to be in full school uniform.** This expectation is strongly linked to our value of Unity. If unforeseen circumstances occur preventing the wearing of school uniform, students are to provide a note from home and submit it to their check-in teacher. Failure to comply with uniform expectations will result in phone calls, emails and/or detentions.

**For me, the most important expectations are that students are respectful and do their best by valuing learning.**

### Year 11 Subject Organisation

Year 11 currently have the option of dropping a subject and/or changing levels in Maths and English. Any changes must be considered carefully as these can have an impact on the HSC qualification and ATAR requirements. The paper work to be completed is currently available from myself and needs to be returned promptly. Any questions or concerns can be directed to me in the first instance.

*Mr Scott White  
Deputy Principal*

# SCIENTIFIC CARD TOWER CHALLENGE

Students developing their engineering skills in BARA class with Mr Cartner and Mrs Miller, attempting to build the tallest tower using playing cards.



**KMHS Positive Behaviour for Learning (PBL) Award**



**CONGRATULATIONS to our Canteen Voucher WINNERS:**

**Beau - Year 8**

## CURRENT HOUSE POINTS

BOUDDI
<b>4194</b>

DHARUG
<b>5485</b>

GIRRAKOOL
<b>4099</b>

POPRAN
<b>5223</b>

# NATIONAL HIP HOP CHAMPS (UPDATE)

In the holidays, our **UNITY KNOWLEDGE RESPECT Crew (UKR)** Hip Hop dancers competed at the **World Supremacy Battlegrounds Competition** at Hurstville.

Our dancers performed amazingly and proudly represented our school and NSW, whilst competing with dance crews from around the World!!

Once again, KMHS was the **only high school crew** to compete against professional dance studios, elite dancers, and even the current World Champions danced in our category!

They gained inspiration and danced with pride.

If you see Amanda or Jacinta (Year 9) around, please give them a big shout out. A huge effort to perform amongst some of the world best Hip Hop dancers.

Our School values **'Unity Knowledge Respect'** rang loud and clear as our dancers took to the stage with an impressive introduction blaring across the speakers.

Not only is KMHS known around Australia we are now famous **WORLD WIDE...!**

Also a huge shout out to Australian Brand fashion brand **PE NATION** who offered to sponsor our Awesome dancers again this year!

*Ms Sayal*





## YEAR 10 STUDENTS:

Invitation to participate in the first year of a new longitudinal study of young people in Australia.



**Our Year 10 students** have been invited to participate in the first year of a new longitudinal study of young people in Australia.

In 2022, the GENERATION study will focus on the activities and aspirations of Year 10 students – what they are doing now and what they think they would like to do in the future with study, training and employment.

Each student who completes the survey will receive an individual summary of their career interests, while the school will receive a summary report of the plans of Year 10 students as a group. **No individual student will be identified in the school report.**

There are plans for another ten years of surveys in this longitudinal study. Students will be asked if they are interested in participating in later years of the study. If students agree to participate in later years, they will be asked to provide their contact details. Please note that students are not required to participate in later years, and all questions in the survey are voluntary.

Further information about the study has been provided to all Year 10 families along with a consent form.

If you have questions about the survey, please contact Matt Hipwell on 43 400 246.



**Headspace is offering FREE** online mental health education webinars in Term 4 for Parents and Carers on the Central Coast:

### **Navigating uncertainty and change**

Monday, October 24 6 - 7:15pm

Registration: <https://bit.ly/3LGMVYM>

**This session aims to:**

- Strengthen understanding of how young people can be affected by change and uncertainty
- Build skills and strategies to support young people who are navigating change
- Identify signs that young people may need additional support
- Build awareness of local, state, and national supports available to young people

### **Connecting and communicating with my young person**

Wednesday, November 16 12 - 1:15pm

Registration: <https://bit.ly/3UCqM1T>

**This session aims to:**

- Strengthen knowledge and understanding of the mental health challenges facing young people today
- Increase awareness of your young person's emotions, thoughts, feelings, and behaviours
- Identify opportunities for connection with your young person and enhance your conversational approach
- Introduce skills and strategies to encourage and support help-seeking



# COMMUNITY NOTICES & EVENTS

SUSTAINABLE LIVING FESTIVAL

# WOYTOPIA 2022

SUNDAY 30 OCTOBER • WOY WOY SOUTH SCHOOL • 9AM-4PM

MUSIC • ECO-MARKET • WILDLIFE SHOWS • GREEN TALKS • KIDS' FUN • WOYTOPIA.ORG

Free workshop for  
parents and supervisors  
of learner drivers



Helping learner drivers become safer drivers

All workshops 6-8pm  
**Tuggerah Library**  
Thursday 3 November

**Erina Library**  
Thursday 10 November

**Woy Woy Library**  
Thursday 17 November



Do you know  
someone who  
LOVES garbage  
trucks?



Bring your little Garbologists along to our [Sustainable Future Festival](#) where they can get up close to Cleanaway's trucks, sit behind the wheel, find out how to be safe around the trucks on bin day and see what happens to all the recycling and rubbish once the truck is full!

There will be activities, displays, competitions and demonstrations. Learn what happens to your waste once it goes into the bin, and keep your eyes out for The Super Sustainables.

Join us on  
**November 12 - 13**  
as we share interesting and innovative ways to replace waste, minimise our carbon footprint and keep our Central Coast as beautiful as ever.



11AM KALEN HOGAN  
10AM MITCH TIMBRELL  
11AM LUCY PARLE

12PM THE RAMS  
1PM DINGO

FAIRPLAY ENTERTAINMENT  
STAR104.5

LIVE on the FAIRPLAY STAGE SUNDAY 23.10.22

Avoca Beachside Markets

HEAZLETT PARK FORESHORE 9AM TO 2PM

Live Music  
on the Fairplay Stage from 9am

2022 MARKET DATES  
JAN 23rd > FEB 27th > MARCH 27th  
APRIL 24th > MAY 22nd > JUNE 26th  
JULY 24th > AUG 28th > SEPT 25th  
OCT 23rd > NOV 27th  
DEC 10th (twilight)

FIXXEVENTS.COM.AU