



# NEWSLETTER



**YEAR 12 FORMAL**

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## FIND US ONLINE:

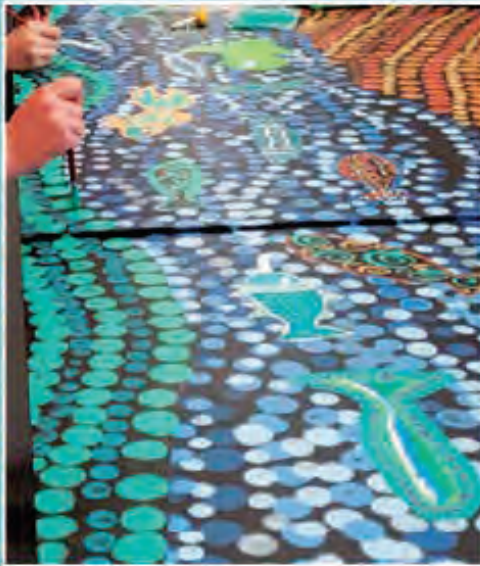
- <https://kariongmountains-high.com.au>
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- <https://www.instagram.com/kmhslibrary>

**Phone: 4340 0246**

## MURAL UNVEILING

### ABORIGINAL MURAL

Come to the unveiling of our new 8m mural that our Aboriginal students have been working on alongside Garry Purchase.



### SMOKING CEREMONY

The smoking ceremony will begin at 4:30pm followed by a sausage sizzle. Afterwards, we look forward to you joining us at the Evening of Excellence.

**KMHS 2022**   
**EVENING of EXCELLENCE ... WEDNESDAY NOVEMBER 30**



*To Mrs Megan Miller, for her dedication and commitment as Year Advisor to the outgoing Year 12 cohort of 2022.*



**CONGRATULATIONS**  
**KMHS STARS TERM 4 2022**

## CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 21	November 22	November 23	November 24	November 25	November 28	November 29	November 30	December 1	December 2
	V8 Supercars PDM, PVDI	Year 7 2023 Parent information evening 6pm		Making Waves	P-Tech End of Year Celebration - Mingara	Orientation Day Year 7 transition 2023	P-Tech Mentoring Boss Challenge Mural Unveiling and Evening of Excellence	Aqua Splash Year 12 English Speeches	Year 12 English Speeches





## FROM OUR RELIEVING PRINCIPAL

### Hello to our wonderful Kariong Mountains School Community.

A busy term is evolving with transition and celebrations high on the KMHS agendas...

**Congratulations to Year 12** on completing their HSC and on their respectful celebration on Monday night at their formal. I'd like to also recognise the dedication and commitment of Megan Miller as Year advisor to the cohort for six years. Monday night evidenced the special support and understanding of each student that she has fostered, and also the respect the year group has for her. HSC results will be issued on the 16<sup>th</sup> of December, with a celebration BBQ being organised for that date.

### NSW DoE Curriculum reform

2023 is bringing the beginning of a major curriculum reform across the NSW Department of Education. As a part of implementation, schools have been asked to plan for 5 hours release time for each staff member, each term for three years, to assist with professional learning and planning for implementation. I am currently working through the implications of this with the executive to address the PL needs of staff in 2023. Further information will be provided to the school community as the planning evolves.

### Attendance - Parent Survey

As discussed in my last newsletter report, KMHS is currently planning and implementing strategies to improve student attendance. Part of this planning is surveying our parent community; a survey link was e-mailed to all parents in Years 7-10 last week. **Can I please ask that you take the time to complete this survey**, as this will assist in future planning for improvement of student attendance and thus learning outcomes. Your support is appreciated.

### Year 7 2023 Transition

The KMHS transition team has been working extremely hard with our Partner schools to ready Year 6 students as they move into Year 7 2023. Of notable recognition for their work to date is Mr Flakus, the Year 7 Advisor for 2023 and Mrs Doyle our transition and LaST teacher. We look forward to meeting all students at **Orientation Day on Thursday 24th November**.

## STARS Assembly Term 4

A significant highlight for me was to attend the final STARS assembly for 2023 last week. It was a privilege to see the students recognised for their hard work and application to their subjects by their teachers. Another highlight was meeting some parents and seeing the KMHS community through the school gates again.

Our students and parents /carers are to be congratulated on this achievement.

## Careers Pathway Class

An exciting initiative for some of our Year 9 into 10 students is taking shape for 2023.



The Careers Pathways Class of 2023 will allow selected students in Year 10 to engage in a vocational pathway whilst still achieving their Year 10 ROSA. Students in this class will gain a nationally recognised qualification to add to their résumé whilst still at school. Students will participate in a variety of selected programs, undertake micro-credentialling courses such as the **White Card, Responsible Service of Alcohol (RSA)** and **Responsible Conduct of Gambling (RCG)** as examples. Mentoring, site visits to workplaces and work experience are all embedded as part of the program for this class.

P-TECH, as part of IBM, will deliver mentoring sessions and guest speakers from industry. There is opportunity to work with our SBAT Engagement Officer to allow students to upskill and apply for **School Based Apprenticeships and Traineeships (SBATs)** if so desired.

Students will be better prepared for the challenges in obtaining apprenticeships, traineeships and jobs in the future, giving them a competitive edge for the current labour market. This program has been developed as a future-focused learning model to equip students as 21<sup>st</sup> century learners at all exit points from school.

An information evening for parents and students will be held in the school library on Tuesday 22<sup>nd</sup> November from 6:00 to 6:30pm in the library to give further details and the procedure for making an application to enrol in this class.

## Thankyou

Mrs Donna James  
Relieving Principal





## DEPUTY PRINCIPAL'S REPORT

**Congratulations to all of our STARS** who received their awards last Thursday. Sadly, I was away, and these ceremonies are among the highlights of my year. Rewarding students who continually apply themselves to their education is an important aspect of the culture of our school.

Many thanks to Mr Tagg, Mrs Lincoln and our office staff who worked extremely hard to ensure the event was a success.

As the year winds down, it is important to remember that our expectations of student behaviour and work ethic do not diminish. Teachers are continuing to prepare meaningful lessons and students are strongly encouraged to engage in continuing their education. A focus on class work will help reduce, if not eliminate, negative behaviours.

### Phone and Device Policy Reminder

On that theme, our mobile phone policy continues to apply. Students are expected to have their phones put on silent and in their bags before entering classrooms. Only with teacher permission should they be removed. Failure to comply, will result in the phone having to be submitted to the office for safekeeping for the remainder of the day. Repeat offenders can expect a parent being required to collect the phone.

'Yondr' is a system successfully used in many local schools that has been previously mentioned by Ms Vine. This has not been taken off the table and students are encouraged to comply so that it is not considered for future introduction.

### Year 11 HSC Assessment Booklets

Year 11 have received and signed for their HSC Assessment booklets. This is an important document that will be examined during Hub sessions. It contains the rules and regulations along with assessment schedules. A copy is also available on our website:

[Link to HSC Course Assessment Booklet](#)

Mr Scott White  
Deputy Principal

# TERTIARY EDUCATION

PARENTS AND CARERS INFORMATION SESSIONS

There's a place for everyone.



Find out more >



Final application deadlines to study at university in 2023 are fast approaching, and the University of Newcastle wants parents to know that we're here to help.

If you have a child who has recently finished Year 12, left high school without completing Year 12, or is unsure of what to do after school, the University of Newcastle is holding a Parents and Carers Information Session to answer all your questions.

Here is a sneak peek of the types of questions to be covered:

Why should my child pursue tertiary education?

What areas of study will best prepare my child for the future workforce?

How do ATARs, Selection Ranks, and UAC preferences work?

What is the process for accepting an offer?

My child has struggled at school but has potential and ambition, what are their options?

What pathways do you have into university for those who didn't complete high school?

What support can the University provide my child?

Parents and Carers will have the opportunity to hear from knowledgeable university staff covering a range of different topics to assist you in supporting your child/ren through their transition from high school. You'll also have the option to participate in a Q&A with our experts as well as have one-on-one discussions at our expo to ensure you walk away feeling confident and informed.

REGISTER YOUR INTEREST HERE

**Newcastle Parents and Carers Info Session**  
University of Newcastle, Q Building, 16 Honeysuckle Drive Newcastle

**Tuesday November 22, 2022**

6pm - 7pm: formal information session + Q&A  
7pm - 7:30pm: expo and one-on-one assistance

**Central Coast Parents and Carers Info Session**  
University of Newcastle, Central Coast Clinical School, Gosford Hospital  
75 Holden St, Gosford

**Thursday November 24, 2022**

6pm - 7pm: formal information session + Q&A  
7pm - 7:30pm: expo and one-on-one assistance

**KMHS Positive Behaviour for Learning (PBL) Award**



CONGRATULATIONS to our Canteen Voucher WINNERS:

**Amy - Year 8**  
**Ivanna - Year 10**



**It's no secret** that we have long been taught about the three 'Rs' of education. That's because these are foundational skills and the building blocks of academic success.

## Why Reading is so Important.

Here are **TEN** benefits of reading that illustrate the importance of reading books. When you read every day you:

- 1 Gain valuable knowledge
- 2 Exercise your brain
- 3 Improve your focus
- 4 Improve your memory
- 5 Enjoy entertainment
- 6 Improve your ability to empathise
- 7 Improve your communication skills
- 8 Reduce stress
- 9 Improve your mental health
- 10 Live longer

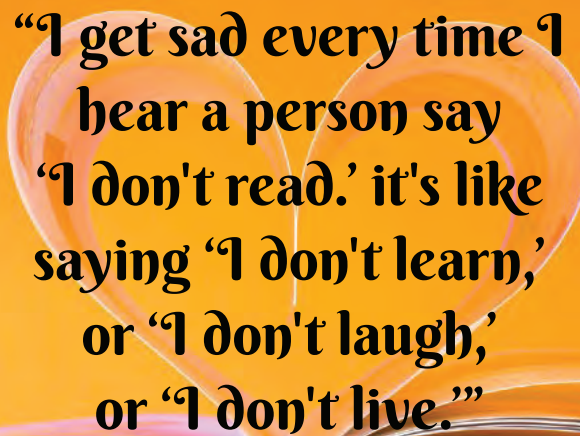
Now, you may have read about the 2022 Naplan state-wide results that show one in seven Year 9 boys are reading at a record low.

[SMH article: Reading standards for Year 9 boys at record low](#)

**At KMHS our 2022 Naplan Reading results have shown significant improvement and were above like schools and the State.**

**NAPLAN is a snapshot** of one day in the year of a student and while it does give us valuable data, it does not tell the whole picture. Our teachers are committed to improving the educational outcomes of our students.

**In English we look at** a range of written texts with a term focus on a novel study in each 7-10 program. Additionally, through working with the Literacy Coordinator, we have introduced book boxes which are a novel of the student's choice, in a sustained reading and comprehension program.



**“I get sad every time I hear a person say ‘I don't read.’ it's like saying ‘I don't learn,’ or ‘I don't laugh,’ or ‘I don't live.’”**

*Alafair Burke*

The library is always available to help choose suitable reading books too. In my research on this complex topic, I have found how valuable it is for parents to continue to read to and listen to our students reading, well into their teens. **So, let's look up from our screens and look into a good book.**

*Ms Lisa Bell  
Head Teacher English*



**The Aspire Program** is a program for **secondary girls**, created by social work students, teachers and school counsellors, to support young women at school. The aim of the program is to **educate, empower and enable** the participants who engage with the program. Eil, the Student support officer is currently running the program with a group of Year 7 girls. Thanks to the **Soroptimists' donation**, we have been able to buy craft supplies for the girls to use during the program, diaries for them to keep and chocolate and lollies.

# WRITING COMPETITION



Towards the end of Term 3, students from Years 7 to 12 at KMHS submitted a range of short stories and poems to the **Unleashed 2022 Writing Competition**. All of our students made it to the second round and were asked to be featured in a publication showcasing selected entries.

It is a difficult task to submit your own writing for judgement and every student that entered deserves a big congratulations.

**Congratulations, Sierra, Christian and Arnika from Year 7, Elie and Lily from Year 8, Bri, Rhianna, Monira and Mikayla from Year 11, and Jazmin from Year 12.**

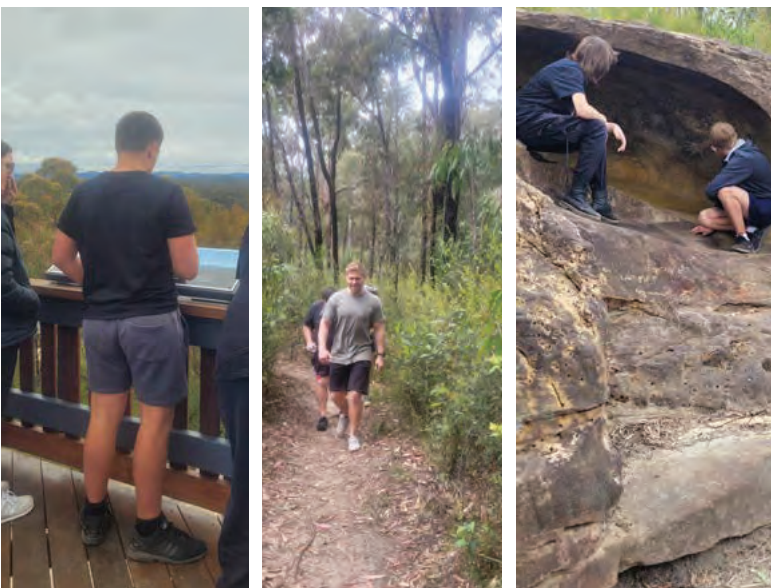
*Ms Steph Richmond  
Year 8 Advisor*



*Photos on this page show some of our KMHS students, who submitted entries and successfully made it through to the second round in the 'Unleashed 2022 Writing Competition'.*



# CULTURAL TRIP TO WOLLOMBI



## Aboriginal Education Check-in Class

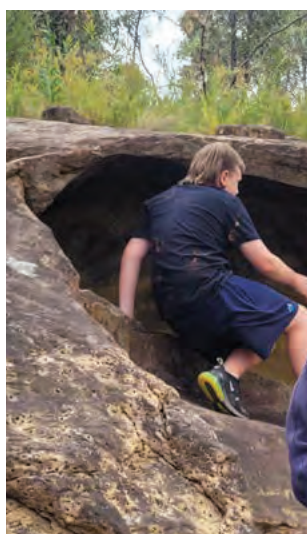
We were very appreciative to have **Stu McMinn** with us to take us on a guided cultural tour of Wollombi National Park. Stu shared his experiences learning about his culture, what matters, and the importance of being humble and respectful on these sites.

Some of the sandstone carvings had worn away, but Stu was able to share from memory the shapes and stories with a strong moral warning from thousands of years ago. After a traditional smoking ceremony, we went to a massive lookout and heard from Stu all about Mount Yengo and what makes it one of the most sacred sites in NSW. We then travelled to a huge rock platform where Stu explained the meaning of the carvings and their significance today. We then had lunch before walking to a cave with cultural significance, which faces Mount Yengo and has many charcoal-splattered handprints. The students broke into dance after lunch with Stu on the boomerangs.

***It was a special day!***

A special thank you to Brad Bennett and Stu McMinn for organising a great day! Also, a huge thank you to Ms Von Heupt, Ell Hill-Morrow, our new social worker and Mr Hipwell for helping us all throughout the day and having as much fun as we did!

*The Check-In class*



*On this cultural excursion, students wore customised black t-shirts, created in Hub class using a bleach-resist technique. Ms Von Heupt guided students through the process to create each person's individual design inspired by the Aboriginal artists and traditional Aboriginal designs we had looked at the week before.*



# CIRCUS SKILLS AT KMHS

## Program Wrap Up

The **Aboriginal Education Check-In class** have had the opportunity to try circus skills to build resilience and teamwork every Tuesday in Term 4.

Years 7 to 10 students have a variety of skills now including **juggling**, **unicycling**, **hula hooping**, along with **diablo**, and **spinning plates**. They have increased their body awareness and self-confidence through performance, teamwork, perseverance, and skill progression with a focus on individual goals.

Thank you to our teacher Ms Roberta Von Heupt for booking this program to run at our school by Central Coast Youthworker **Arabella El Amani** and **Andy the super-skilled performer/teacher** from Wyong's Roundabout Circus.

Both enjoyed working with our students and observing their growth in skills and teamwork this term!



# AROUND THE SCHOOL

In Mr Cartner and Mrs Miller's Bara lesson, the students practised engineering skills for their **Bridge Building Challenge**, using only a deck of cards. Their problem solving and collaboration skills were on display. **Well done year 7!**



**Year 9 Outdoor Recreation** had their first practical fishing lesson at the dam. One fish was caught and safely released, another fish was almost caught, but jumped off the line. **Well done Year 9!**



# Breakfast club



Don't you ... forget about me...



**8:00 - 8:30 am**  
"The Lounge"  
Student Services

A promotional poster for a breakfast club. It features the text "Breakfast club" in large red letters. To the right is a photograph of a crab. Below the crab is a speech bubble with the text "Don't you ... forget about me...". To the right of the speech bubble is a clock face showing the time 8:00. Below the clock is the text "8:00 - 8:30 am 'The Lounge' Student Services". The background is a mix of yellow and red.

# KMHS 2022

## EVENING of EXCELLENCE



ART  
MUSIC  
Drama  
ASAP



WED NOV 30

A promotional poster for the KMHS 2022 Evening of Excellence. It features the text "KMHS 2022" in large white and blue letters, and "EVENING of EXCELLENCE" in white letters below it. To the right are four diamond-shaped logos for "ART", "MUSIC", "Drama", and "ASAP". Below these is a circular logo with a mountain and water scene, and another circular logo with the text "WED NOV 30". The background is dark blue with white and light blue accents.

# Notes and payment due for

## AQUA SPLASH!

INFORMATION SENT VIA COMPASS

**1st Dec**

**GOSFORD POOL**

A promotional poster for Aqua Splash. It features a large yellow starburst shape in the center with the text "Notes and payment due for AQUA SPLASH!" and "INFORMATION SENT VIA COMPASS". Below the starburst is a blue circle with the text "1st Dec" and another blue circle with the text "GOSFORD POOL". The background is blue with white and yellow accents.



# YEAR 12 FORMAL



# YEAR 12 FORMAL



# COMMUNITY NOTICES & EVENTS



## Registration Open

Secure your spot!  
<https://bit.ly/Umina3Dec>

December 3rd 2022  
 Smiles on Dials Event  
 Umina Beach  
 9am - 1pm

All surfers, carers  
 and volunteers  
 must pre-register  
 No walk ups on the day

## Infrastructure Traineeship

Build your pathway  
 to success



The NSW State Government, is offering Year 12 school leavers an opportunity to apply for a NSW Infrastructure Traineeship.

The traineeship has been designed for Year 12 school leavers seeking to commence a career in the booming Infrastructure industry, with more than 100 places available across NSW.

This two-year traineeship program combines TAFE studies with practical experience working for NSW Government agencies and private sector industry employers. Trainees will have the opportunity to complete a Cert IV in Business, Project Management Practice, or Procurement and Contracting.

### What are the benefits?

- Two years full-time paid work, whilst studying 1-2 days per week
- Nationally recognised Certificate IV qualification from TAFE NSW
- Vital workplace experience you can take anywhere
- Nothing to pay for your qualification, and no debt!
- February 2023 start - so you can enjoy your summer first!
- Available in metro and regional areas

### How do I apply?

There are two easy ways to apply

- Resume upload**  
If you already have a resume, simply use this form and upload it!
- Application form**  
No resume? No worries! Simply answer our three application questions!



Scan QR code  
 to apply now



## MT PENANG ROADWORKS UPDATE

CLICK TO VIEW INFORMATION PDF



## SUMMER HOLIDAY PROGRAM 2022

GOSFORD



RESERVE A SPOT  
 DECEMBER 6  
 5:15 - 6:30PM

## Free parent webinar



Coach 2 Cope:  
 Families and Carers

Supporting the mental health and wellbeing of young people

Are you concerned about the impact mental health has on your children? Would you like to learn simple ways to respond to young people during times of distress?

