



NEWSLETTER

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PHONE: **4340 0246**



Miss Courtney Thompson, for her dedication and commitment in her role as Year Advisor for the past six years.

KMHS 2023
EVENING OF EXCELLENCE

BBQ
Smoking Ceremony
OPENING - KMHS

Yarning Circle
4pm

WED 29 NOV

KMHS STAR ATTENDER

Congratulations!
WINNER of a \$10 Cartoon Voucher

Ashton - Year 7
Ruby - Year 7

Sponsored by the P&C

CURRENT HOUSE POINTS

BOUDDI	DHARUG	GIRRAKOO	POPRAN
7546	8469	7801	7964

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CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 November	21 November	22 November	23 November	24 November	27 November	28 November	29 November	30 November	1 December
Outdoor Rec Fishing Stage 6 Prep Program			Stage 6 Prep Program	AquaSplash	Outdoor Rec Fishing	6-7 Orientation Day	Year 10 PYLO Talk Evening of Excellence Opening Yarning Circle		P-Tech End of Year Celebration Outdoor Rec Fishing





FROM OUR PRINCIPAL

HELLO TO OUR WONDERFUL KMHS COMMUNITY!

A busy term is evolving with transition and celebrations high on the KMHS agendas.

CONGRATULATIONS, TO YEAR 12

I would like to congratulate Year 12 on completing their HSC and for their respectful celebration at the Formal last Wednesday night.

I would also like to recognise Courtney Thompson, for the dedication and commitment she has shown as Year Advisor over the past six years. The Formal celebration highlighted the special support and understanding of each student Courtney has fostered and the respect the Year group has for her.

HSC results will be issued on the 14th of December, with a celebration BBQ being organised for that date.



YEAR 7 > 2024 TRANSITION

The KMHS transition team has been working extremely hard with our partner schools, to ready Year 6 students as they move into Year 7 in 2024. Particular recognition for their work to date goes to the **Student Wellbeing Team**, who will collectively act in the Year 7 Advisor position for 2024 - and to Mrs Doyle, our **Transition and LaST Teacher**. We look forward to meeting all students at **Orientation Day on Tuesday 28th November**.

STAGE 6 PREPARATION PROGRAM

Kariong Mountains High School is committed to preparing students for success in their learning journey. This year, the school is trialling a preparation program to assist Year 10 students with their move to senior study.

All Year 10 students will participate in a two-week alternative curriculum, starting Monday 20th November, focusing on wellbeing, skills for senior study, and trialling their chosen subject pattern. I would like to take this opportunity to thank Ms Miller, Mr Hipwell, and the **Student Services Team**, for their work in this area.

TERM 4 STARS ASSEMBLY

A significant highlight for me, was to attend the final STARS assembly for 2023 last week. It was a privilege to see the students receive recognition from their teachers, for their hard work and application to their subjects. Another highlight was meeting parents and welcoming the KMHS community through our school gates again. Our students and parents /carers are to be congratulated on their achievements.

UNIFORM SUPPORT

Thank you, to all families, for your ongoing support of the school uniform. **The new school hooded jumpers have arrived and are now available for ordering online.**

In planning for 2024, I am asking for your support in purchasing appropriate black shoes for your child. In line with health and safety requirements, students must wear enclosed shoes (*leather/suede upper*) for protection in the workshops and science labs.

Mrs Donna James
Principal





DEPUTY PRINCIPAL'S REPORT

**Congratulations, to all
our STARS, who received
their awards last Thursday:**



Milly - Year 7

CONGRATULATIONS



**TERM 4
2023
STARS**

Photo collage above from the STARS Assembly, with students from Years 7-11 receiving and posing with their awards.

STARS

The STARS ceremonies are always among my positive highlights of the year. Rewarding students, who continually apply themselves to their education, is an important aspect of our school culture. The large number of recipients also shines a light on our students' positive attitude to learning and work ethic.

Many thanks to Mr McGilvery, Mr Hutchinson and our office staff, who worked extremely hard to ensure the event was a success.

Staying Focused

As the year winds down, it is important to remember that our expectations of student behaviour and work ethic do not diminish.

Teachers are continuing to prepare meaningful lessons and students are strongly encouraged to engage in continuing their education.

In addition, focusing on classwork will help reduce and discourage any negative behaviours.

Mobile Phone Policy Reminder

A reminder that the mobile phone ban continues to apply. Students are expected to put their phones on silent and in their pouch before or whilst entering school.

Failure to comply will result in the phone having to be submitted to the office for safe-keeping for the remainder of the day. Repeat offenders can expect a parent being required to collect the phone. We ask students, who leave their phone at home, to also show their case as we will have periodic pouch inspections.

The way in which students of our school have responded to the ban has been very positive and they are to be congratulated. Personally, I am not surprised, as we have such a compliant student body.

Teachers have also noticed a vast improvement in class work completion and concentration. At the time of writing, no student has been caught with their phone on more than one occasion.

*Mr Scott White
Deputy Principal*



TAS NEWS

Year 11 Hospitality



Well done, to students in Year 11 Hospitality, who were entered in the Somersby CWA cooking competition.

The competing students were asked to bake a Cinnamon Tea Cake for this year's recipe selection.

Kariong Mountains High School came away with **three winners!**

Go Team!

1st Place = Blake

2nd Place = Amir

3rd Place = Coby

Congratulations, to these students! Very proud!

Miss Emma Johnstone

HSC ASSESSMENT CALENDAR - TERM 4

Due	Subject
Week 7	Ancient History Physics
Week 8	English Mathematics Numeracy
Week 9	CaFS Geography IT Timber Investigating Science Modern History Music 1 Sport Lifestyle and Recreation
Week 10	Biology Chemistry PDHPE Work Studies



THE DONNA JAMES CUP

THANKS TO STAFF AND STUDENTS FOR
SUPPORTING THIS PRIZED EVENT!!



KMHS Music students featured on NBN News

[VIEW VIDEO ON NBN WEBSITE](#)

Image source: NBN News

KOKODA YOUTH CHALLENGE

by Patrick Ainsworth, Year 12

Myself and 18 other young leaders spent 10 days covering over 150 km of rainforest terrain in Papua New Guinea. We took on the grueling task of walking the **Kokoda Track** to learn and respect the fallen **3826 Australian men and 1 woman**, who laid down their lives for Australia during WWII. We followed what's called "**The Wartime Trail**" which is the exact track the Australians took defending their mates against the Japanese in 1942.

The Track was challenging at times and confronted us all with challenges each day. We had no option, but to overcome the fear, anxiety and worry of walking upwards of ten hours per day, because there was no way out. Some rivers were knee-deep, but some were neck. The bridges were made of one thick tree trunk, if you were lucky, but mostly made up of smaller branches laid along each other and held together with bamboo leaves as twine.

With every obstacle came caution and despair of whether the bridge could hold your weight, but you'd watch the fuzzy wuzzy angel descendants (*our porters (the boys)*) stroll across them like they were walking down the sidewalk and that had to be enough for you to just overcome it.



The morale throughout the group was never let down as we knew we had to be close and be friends with those who surrounded each other, as there was no one else for ten days. **Lifelong friendships were made.** We all endured the hardest hike in the world together and the support for each other was never doubted by anyone.



Myself and four others were up the front of the pack leading with the front shovel man (FSM) Lenny. We became close with Lenny, a 42 year-old father of three, born and raised in Port Moresby. He led us through the whole trail, making jokes, digging footsteps and saving my life.



To know that young Australian men fought for themselves and their mates on such a gruelling track was just humbling. Seeing the weapon pits that one or two Aussie men would sit in for days, firing at the enemy, whilst getting shot at, was incredible. Also, seeing photos from 1942, of the position we were standing on, was amazing.

I'd recommend anyone of any age that has the drive to get fit enough to take the Kokoda challenge head on and experience history in real life. You need to be in a good physical condition as the trail pushes even the most fit athletes. Passing plaques of deceased trekkers was a massive eye-opener. **May they rest in peace.**



COMMUNITY NEWS & EVENTS






A weekend of fun!

rypen

Summer Camp 2024

SCHOOL INFORMATION PACK

4:30-5:30pm 16th Feb to 3:30pm 18th Feb 2024
Sydney Academy of Sport, Wakehurst Parkway, Narrabeen

CLICK HERE

CROSSMULLER

Apprenticeship Careers at Crossmuller

Crossmuller specialises in the Australian manufacturing, sustainable technology and business improvement solution sectors. With six versatile divisions, capable of delivering complete turnkey manufacturing facilities from design, through construction, to mechanical and electrical installation and commissioning.

Our Crossmuller Apprenticeships provide an excellent opportunity to learn all facets of your chosen trade and be mentored by some of the brightest minds in the field, using leading-edge technology and machinery in a world-class facility.

Boilermaking Steel Fabrication Apprenticeships (Certificate III in Engineering – Fabrication Trade)

As a Boilermaker apprentice, you'll get hands-on experience with a large range of state-of-the-art equipment.

Boilermaker Apprentice - Work with medium and heavy steel. Essential skills that you will learn are: interoperate designs & drawings, welding, mig & arc, oxy cutting, grinding, measuring & fabricating, and working safely.

Mechanical Fitting and Machining Apprenticeships (Certificate III in Engineering – Mechanical Trade)

Our Engineering and Maintenance teams have apprenticeships available in Mechanical Fitting, CNC Machining and Welding trades. As an apprentice within our Engineering and Maintenance team, you will gain hands-on experience in a diverse industrial environment. You'll learn everything from manufacturing, assembly, maintenance, and commissioning of our state-of-the-art machinery.

The varied work experience and exposure to leading-edge technology such as laser cutters, CNC machine centres, robot welding, along with more traditional techniques, will assist you in becoming a leading tradesperson within your chosen field.

Truck Body Building Apprenticeships (Certificate III in Automotive Manufacturing Technical Operations – Bus, Truck and Trailer)

Crossmuller have a specialised team of onsite Truck body Builders who will teach our truck body builder apprentices how to manufacture purpose built vehicles from engineering plans. Constructing complex frameworks which are then welded, glued and bolted to the vehicle's chassis. These specialist panels are shaped from materials such as metal, aluminium and reinforced plastic using equipment such as a guillotine. Once the vehicle's framework is completed they fit axles, suspension, brakes, handles, locks, hinges, hydraulics and pneumatic systems.





Guest Speaker
Jamie Bonnefin
Founder
Australian Leadership Company
that provides professional
development services

RYLA Alumni United Event

Place	Phillip House 21 Old Mount Penang Road Kariang NSW
Date	Saturday 18th November
Time	4pm to 6:30pm
Cost	\$10 Sausage sizzle and nibbles
Contact	Carol Wickenden Youth Director

Want to know more ?
Text Carol 0428 4245 493

Tickets at Trybooking
<https://www.trybooking.com/CMPGM>



Kariang/Somersby

Rotary

Club



BRING A FRIEND FOR FREE
OR IF ITS YOUR FIRST
MEETING THEN IT'S ONLY
\$2 ENTRY




VOLUNTEERS NEEDED

December 2nd 2023
Smiles on Dials Event
Umina Beach 9am - 1pm
[Register via Humanitix, QR or
https://bit.ly/December2Umina](https://bit.ly/December2Umina)





