



KARIONG MOUNTAINS  
HIGH SCHOOL

# NEWSLETTER

Unity ✎ Knowledge ✎ Respect

**Week 10**  
**Term 4**  
15 December, 2023

PHONE: 4340 0246

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**LET'S CELEBRATE**

**HSC CLASS OF 2023**

CONGRATULATIONS ON 59% OF THE CLASS ACHIEVING BANDS 4, 5 AND 6!!!  
WELL DONE EVERYONE.

**KMHS STAR ATTENDER**

Congratulations!

WINNER of a \$10 Caravan Voucher

**Bridgette - Year 11**  
**Zoe - Year 9**

Sponsored by the P&C

**R.O.S.E.**

Recognition Of School Excellence

## KMHS YARNING CIRCLE - OPENING



To the entire KMHS school community for all your support in 2023!

## CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 January	30 January	31 January	1 February	2 February
PUBLIC HOLIDAY	SCHOOL DEVELOPMENT DAY NO STUDENTS AT SCHOOL	SCHOOL DEVELOPMENT DAY NO STUDENTS AT SCHOOL	1 <sup>st</sup> DAY of TERM 1 2024 FOR YEARS 7, 11 & 12	1 <sup>st</sup> DAY of TERM 1 2024 FOR YEARS 8, 9 & 10
5 February	6 February	7 February	8 February	9 February
			Swimming Carnival Whole school event	

## CURRENT HOUSE POINTS

BOUDDI	DHARUG	GIRRAKDOI	POPAN
8103	9159	8326	8856





## FROM OUR PRINCIPAL

**2023 HAS BEEN A YEAR  
TO REMEMBER!**

A special congratulations to our students, staff and families for your resilience, support and commitment to making the most of our exceptional school this year. As principal, I am truly grateful for the ongoing support from our school community in having our students achieve their best.

*We have so much to celebrate for this year and to look forward to in 2024.*

## END OF YEAR PRESENTATION - 2023

Monday was a day of celebration for our students, families, and staff, recognising the achievements of many of our students. These ceremonies are such an important part of the school calendar and encapsulate the essence of our school. It was a privilege, for me, to present to our students and to meet with parents and carers.

Let me extend my heartfelt gratitude to all parents and families, who are the unwavering support behind our students. Your encouragement, whilst appreciating the importance of resilience, education and teamwork, has played an indispensable role in nurturing the talents we celebrated this week.

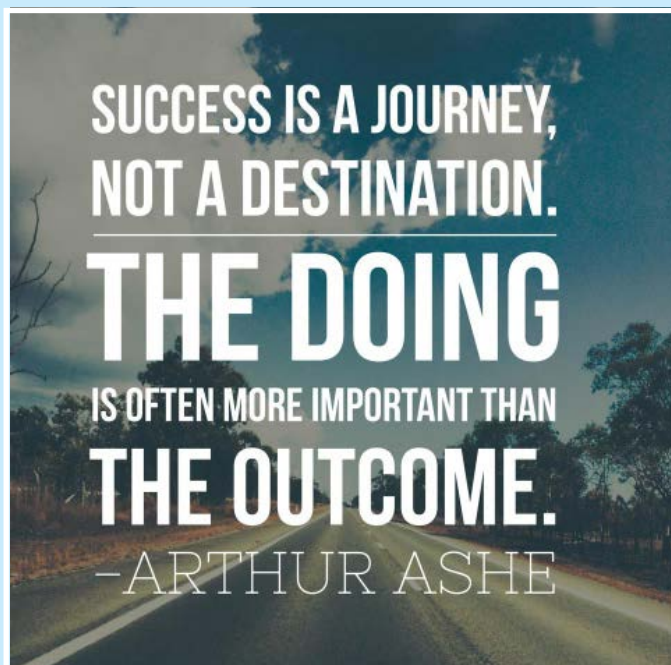


## YEAR 12 CONGRATULATIONS

Yesterday, the **2023 HSC results were released** and we welcomed this year's Year 12 class back to celebrate their achievements with staff. **Congratulations, to Year 12**, for completing this valuable credential. Special thanks to parents/carers, staff and Miss Thompson for supporting our students in reaching this milestone.

Whether you are continuing on a study pathway or moving into employment, Kariong Mountains High School wishes you all the best, as you navigate your new learning journey ahead.

Please remember:



## YEAR 7 2024

**Welcome, to the Kariong Mountains High School family!**

We held our **Orientation Day** for the incoming Year 7 group on 28<sup>th</sup> November, where students participated in a wonderful day, meeting their new teachers and learning about their new school. Leading up to this day, a great deal of work has been completed between Kariong Mountains High School and the partner schools to build learning profiles on all students. Thank you, to the **Kariong Mountains Learning Community**, our student services team and office staff, for supporting a successful transition for our new KMHS students.



## STAFF UPDATES FOR 2024

Next week, the school will be farewelling a number of staff members, who are moving on to other opportunities in the new year.

I wish to take this opportunity to thank **Mr Stephens, Mr Farley, Mr Pan and Mrs Spinelli** for their valued teaching this year, and wish them all well on their journeys ahead.

Additionally, **Mr Brasting** and **Ms Johnstone** will be taking leave for 2024. I wish them a great year and look forward to their return in 2025. We welcome **Ms Pugsley** and **Ms Alegria** as relieving teachers in 2024.

This is also a chance for me to welcome our new TAS teacher, **Mr Pike**. We are extremely excited and look forward to having Mr Pike on staff for 2024 and beyond.



## SCHOOL RETURNS IN 2024

The start of Term 1 begins with two **school development days**, scheduled for 30<sup>th</sup> and 31<sup>st</sup> January (no students attend school on these days).

**YEARS 7, 11 AND 12** commence the 2024 school year on Thursday, 1<sup>st</sup> February and **YEARS 8, 9 AND 10** will join them on Friday 2<sup>nd</sup> February.

### SCHOOL UNIFORM

It is an expectation that all students wear the Kariong Mountains High School uniform, including black leather upper shoes (a DoE health and safety requirement).

Uniforms can be ordered online or available at the school uniform shop, located in the administration building. The uniform shop hours in the holidays are as follows:

GET READY FOR 2024

UNIFORM SHOP  
**SPECIAL**  
OPENING HOURS

SCHOOL DEVELOPMENT DAYS  
TERM 1, 2024

TUES 30<sup>th</sup> JAN 8am -12:00

WED 31<sup>st</sup> JAN 1pm -3:30pm



Any questions, please contact the school on: **4340 0246**.

On behalf of myself and Mr White, thank you, to our fabulous school community for your support in 2023. I wish you all a safe and happy Christmas with your families and friends and look forward to health and happiness in learning with our Kariong Mountains community in 2024.



Mrs Donna James  
Principal

WELCOME BACK TO A GREAT 2024 AT KMHS

THURS 1 <sup>ST</sup> FEB	1 <sup>ST</sup> DAY of TERM 1: <b>YEARS 7, 11 &amp; 12</b>
FRI 2 <sup>ND</sup> FEB	1 <sup>ST</sup> DAY of TERM 1: <b>YEARS 8, 9 &amp; 10</b>



## DEPUTY PRINCIPAL'S REPORT

In this newsletter, you will find starting dates and equipment lists. Please take particular note of the Uniform Shop opening times. We expect all students to be in full school uniform on the first day back and throughout the year.

Thank you, to students, families and staff for a great 2023 school year. In particular, I would like to thank students for significant improvements in behaviour, attendance and uniform compliance. The way in which the unpopular ban on phones has been respected is also commendable.

To quote Mrs James:

**"WE HAVE KICKED GOALS THIS YEAR."**

**I wish all students and their families a happy and safe holiday and look forward to an even better 2024.**

Mr Scott White  
Deputy Principal

KMHS  
Positive Behaviour for Learning  
**PBL AWARD**



Congratulations to our Canteen Voucher winners:

**Lily - Year 7**  
**Flynn - Year 10**  
**Angelo - Year 10**

[Download Year 7 Equipment List \[PDF\]](#)

[Download Year 8 Equipment List \[PDF\]](#)

[Download Year 9 Equipment List \[PDF\]](#)

[Download Year 10 Equipment List \[PDF\]](#)



**KMHS**  
**2023**  
EVENING of EXCELLENCE

**WED**  
**6**  
**DEC**

**Well done,**  
**to all our**  
**exhibitors**  
**and**  
**performers!**



# Around THE SCHOOL END OF TERM 4

**Congratulations, to Kye and John**  
(Year 10), who have successfully  
gained entry to the Max Potential  
Leadership Program in 2024!



**Literacy Group** Board Game  
Championship in the Library:



**Mrs Dwyer's Group** wrapping up the year  
with a celebration at Gosford Bowling Club:

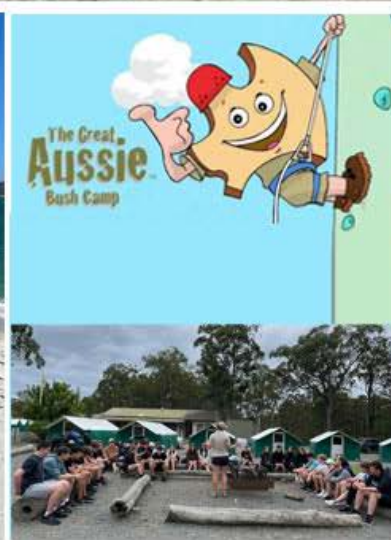


**Year 8** in festive spirit for their  
annual Santa photos:





# YEAR 10 CAMP + YEAR 9 PEER SUPPORT





# COMMUNITY NEWS & EVENTS

## KARIONG COMMUNITY CAROLS

Saturday 16th December

5:00 - 8:00 pm

Kariong Mountains High School



Sausage Sizzle  
Stalls for Community information

Kariong Community Baptist Church

Kariong/Somersby  
**Rotary**  
Club

## BBMA Gosford Three Day Rock & Water Camp

Black Belt Martial Arts  
Riverside Park, Tenancy 7B  
392 - 398 Manns road  
West Gosford NSW 2250



### LESSONS

Rock and Water is a highly successful, evidenced based international educational program. In Australia over 80,000 teachers, youth workers, chaplains and counsellors have received training since the program was introduced by Freerk Ykema in 1998. Our BBMA teachers are a part of this Rock and Water trained professional cohort with Kyoshi Liz Mahler a 'Master Trainer'.

Each day we will cover 3 different themed Rock and Water lessons, such as:

- I Can Stand Up For Myself
- Finding My Own Strength
- Stop! I Don't Want to Fight
- Let's Stick Together

You can attend all or some of the camps as the lessons, although different, have stand alone themes.



### IMPORTANT INFORMATION

**When?** Monday the 16th, Tuesday the 17th and Wednesday the 18th of January. Black Belt Martial Arts runs School Holiday Camps. First half of the day will be Rock and Water course, and the second half will be School Holiday activities.

Drop off is from 8:30 and pickup is from either 12:30pm (half day) or 3:00pm (full day).

**What to bring?** Clothes that you will be comfortable to move in, a bottle of water, as well as lunch and morning tea.

**Should I do all three?** All 3 camps will give your child a sound base in the Rock and Water foundations of Self Confidence, Self Control and Self Reflection, but attendance at even one camp will be of lasting benefit.

**Cost** - \$60 Full day, or \$35 Half Day



RSVP to [gosford@blackbeltmartialarts.com.au](mailto:gosford@blackbeltmartialarts.com.au) by Friday 12th January 2024

## Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment\*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)\*
- ✓ Be 18+ years old

\*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

Leonie Sykes - Community Liaison NSW - Saver Plus

[leonie.sykes@thesmithfamily.com.au](mailto:leonie.sykes@thesmithfamily.com.au)

0428 282 900

DELIVERED BY



Find out more  
at [saverplus.org.au](http://saverplus.org.au)

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.