



KARIONG MOUNTAINS
HIGH SCHOOL

NEWSLETTER

Unity ✎ Knowledge ✎ Respect

Week 9
Term 1
27 March, 2024

PHONE: 4340 0246

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UPCOMING EVENTS:

IS YOUR CHILD STARTING YEAR 7 IN 2025 OR 2026?

SESSION 2: MON 8th APRIL 4:30pm
IN THE LIBRARY

INFORMATION EVENING
for Years 5/6 students and families

KMHS evening of music will be performing from 5^{pm}. Families are welcome to stay on to experience, firsthand, the great music program here at KMHS.

KARIONG MOUNTAINS HIGH SCHOOL

Monday 8th April

KMHS PROUDLY PRESENTS:
Evening of MUSIC

Featuring performances by Elective music students

5:00 - 7:30pm **KMHS School Hall**

Gold Coin donation on entry

KMHS STAR ATTENDER

Congratulations!

WINNER of a \$10 Caravan Voucher

Levi - Year 7
Sienna - Year 9

Sponsored by the P&C

R.O.S.E.

Recognition Of School Excellence

To the wonderful KMHS staff, Mr Treece, Mr Pike, Mrs Doyle, Ms Von Heupt and SLSOs for attending the Year 7 camp.

CURRENT HOUSE POINTS

BOUDDI	DHARUG	GIRRAKOOL	POPRAN
3713	3592	3631	3498

YEAR 7 ENJOYING CAMP



CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 April	2 April	3 April	4 April	5 April
PUBLIC HOLIDAY EASTER MONDAY	Connection and Kinship Workshop (NAISDA)	Year 7 Life Changer		Rock and Water CHS Sydney North Bowls Opens Comp.
8 April	9 April	10 April	11 April	12 April
SESSION 2: PARENT INFORMATION YEARS 5/6 EVENING OF MUSIC	CAREERS EXPO		Youth Week	Youth Week



FROM OUR PRINCIPAL

WELCOME TO WEEK 9!

As principal, I am mindful of the importance of building strong relationships with our wider school community, and the benefits these experiences can bring. I am pleased to say that one of the strong connections the school is building is with Kariong Somersby Rotary.



Increasingly, Kariong Somersby Rotary is creating opportunities that benefit our students. I had the pleasure this week of attending the RYPEN breakfast to support three of our students in this youth development initiative. Further in the newsletter is the full article on this initiative, the students involved and the benefits they gained with this experience. Additionally, the club has just announced two more initiatives for the school community - the **Walking for Wellness Family Walk** on Sunday 7th April and the **Kariong Somersby Rotary Trivia Night** on Saturday 27th April. All proceeds from the trivia night will be donated to KMHS to support the students' Breakfast Club. Please see information in the newsletter about these two events.

NEW SCHOOL PLANNING CYCLE

The school's executive this term have been busily working on the introduction of the school's new improvement plan. The three strategic directions that the school will be planning towards are:

- ▶ **Student Growth and Attainment**
- ▶ **Learning Culture**
- ▶ **Planning for Future Success.**

The KMHS Annual report will be published at the end of this term.

YEAR 7 CAMP 2024

This week we farewelled and welcomed home Year 7 as they participated in their first high school camp. Thank you, to parents, for supporting your children to attend and to staff members, Mrs Doyle, Mr Treece, Mr Pike, Mrs Von Heupt and SLSOs, for taking time away from their own families to attend. The next newsletter will have a detailed account of the fun that was had.

SEEKING FEEDBACK FOR YEAR 7 TRANSITION 2024

As a part of our reflective practices, I am seeking feedback from our **Year 7 parents/carers and students**, in relation to their transition experience to Kariong Mountains High School. Year 7 students will complete the survey at school, whilst parents/carers can complete the feedback survey via the link emailed this week or follow the link below:

[**→ LINK TO THE 2024 YEAR 7 TRANSITION FEEDBACK SURVEY**](#)

All replies are anonymous. The information gathered will be used to refine the Year 7 2025 transition processes. Your support in supplying feedback is valued and important as our school looks to further improve experiences for our students.

HAPPY EASTER

To our wonderful community, have a safe and happy Easter break!

Thank you, for your ongoing support.

Mrs Donna James
Principal





DEPUTY PRINCIPAL'S REPORT

Assessment Tasks

Students are required to complete a number of assessment tasks in all subjects throughout the year. For students in Years 10 to 12, the rules for assessment submission are far more strict and explained in the policy and schedule booklets they signed for earlier in the term.

'N' Warnings

When students do not meet the requirements of an assessment task, for example, submitting the task late or not at all, they are issued with a '**N Warning Letter**'. The letter provides details of the task and how the student can rectify the problem. Students are also required to demonstrate diligence to satisfactorily meet the requirements for each course. This includes attendance and completing class work. N Warning letters can also be issued for not demonstrating diligence.

If students fail to meet the requirements of a course(s) they will be '**N Determined**'. This means they will not be eligible for their RoSA in Year 10, Preliminary or HSC. Students in this position will have had support provided to them throughout the year with several opportunities to redeem themselves.

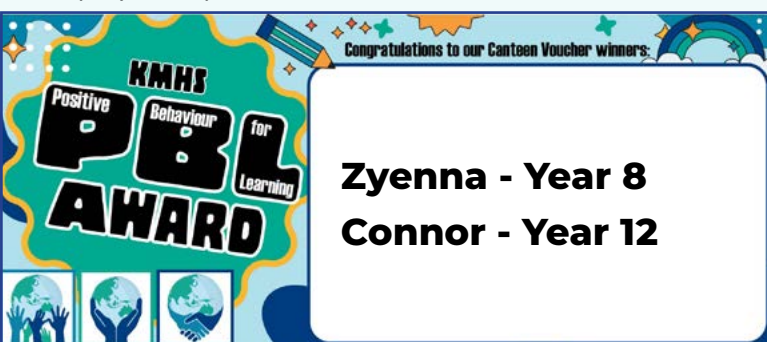
The assessment policy and assessment booklets are also available on our website, under [School Policies](#) and [Assessment and Reporting](#). If you have any questions regarding this please feel free to contact me.

Positive Behaviour for Learning (PBL)

As part of PBL (*Positive Behaviour for Learning*), we have a reward system that involves \$10 canteen vouchers. For each **Week A**, students in Years 7 to 9, who have positive memos on Compass for the term, are entered into a draw. Their names appear on a spreadsheet with a random number generator used to select the lucky student. The same process occurs in **Week B** for students in Years 10 to 12. The winners are advertised in each newsletter.

Students achieving a weekly attendance of 95% or more are entered in the STAR attender draw, for a chance to win a \$10 canteen voucher. The Check-in class of the recipient gets to select the songs for period changes the next week.

Mr Scott White
Deputy Principal



TERM 1 ASSESSMENT CALENDARS

Keep track of tasks and submit on time!

DUE:	Year 10 Subjects
Week 10	Forensics Music PDHPE PASS IT - Timber
Week 11	Dance English Outdoor Recreation Photography
DUE:	Year 11 Subjects
Week 10	Business Studies Food Technology PDHPE Music Industry
Week 11	Biology Exploring Early Childhood PVDI Numeracy Mathematics Extension English Extension
DUE:	Year 12 Subjects
Week 10	Ancient History Business Studies



FROM THE **MATHEMATICS** FACULTY



Mason, Michael and Cruden engaged in mathematics.

Congratulations to all students who have made such a positive start to their learning in 2024!!

A special shout-out has to go to Year 7 for a seamless transition into high school and now finding their rhythm within the classroom. As the year progresses, we encourage all students to continue to develop their diligent approach to learning.

Being prepared and punctual for all lessons, ensuring weekly homework tasks are completed to the best of their ability and supporting their peers where needed all contribute to success.

We must also acknowledge the support of parents and carers. Your continued support adds to ensuring your child has a positive schooling experience.

NAPLAN

With the completion of NAPLAN last week we would also like to give a rap to our Year 7 and 9 cohorts.

External assessments, such as these, are always a little daunting for students, however, we asked that you give it your best and you delivered!!

This assessment allows us to track your progression and plan for the future. The respect you have shown your teachers and yourselves is truly commendable... Well done!

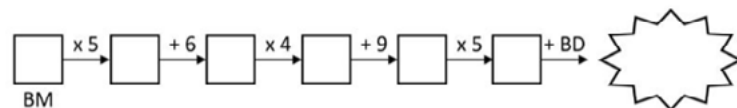


MathMagic

We leave you with a little mathmagic... take this nerdy trick to any party and we can assure you'll be an instant hit!

Have guests start with the month that they were born (e.g. April = 4) and ask them to follow these prompts.

When's your birthday?



When they reveal their answer to you **SUBTRACT 165** and it will reveal the month and date of the birthday. **HAVE FUN!**

NOTE:

BM = numerical value for birth month (e.g. April = 4)

BD = birth date

e.g 29th April: BM = 4 and BD = 29

*Mr Alex Blythe
HT Mathematics*

AROUND THE SCHOOL

Last week, Mrs Dwyer's group visited the Edogawa Commemorative Garden, to learn about native Japanese species. They made native flowers to add to the mural and practised their cooking and serving skills with a BBQ in the park. The students also visited the Gosford Regional Gallery, where they saw an art exhibition showcasing artworks by talented high school students from the coast.



School Captain Pat rehearsing for his upcoming performance assessment in Music.



Year 12 Advanced English visited the Seymour Centre to learn about their Common Module text 'The Crucible'



Year 7 and 8 Bara students have been hard at work preparing their sustainable gardens this week. We look forward to seeing the produce they will create.

Sport News



Jessica (Year 9) competed in the **State SLSC**, won GOLD in the flags and made the quarter finals in the beach sprints. **Well done, Jessica!** We wish her best of luck competing at **The Aussies** in Queensland later this term.

Kyle (Year 9) competed in the **Worldskate Oceania Scooter Championships in Napier New Zealand**. Kyle placed 14th in the park section and he placed 7th in the street section, which qualified him for Rome in September! **Congratulations, Kyle!** We cannot wait to see all your success in the coming year.

A DECADE ON: Revisiting KMHS' FIRST HSC Graduates

As we navigate through the chapters of our school's story, certain years come to mind with vibrant intensity.

The year **2014** is etched in our memory as a significant chapter – it was the year when KMHS witnessed its first group of students rise to the challenge of the Higher School Certificate.

The collective experiences, the triumphs and the trials of this first cohort, have not only enriched the school's legacy, but also laid a foundation for future generations.



Calling all 2014 Graduates

In celebration of this 10 years on, we are eager to reconnect with the 48 trailblazers.

Your paths post-HSC, whether they've led to professional success, academic pursuits, or meaningful community contributions, are stories we are eager to share and celebrate.

Share your Journey

Your narrative is an integral part of our school's history, one that current and future students look to for inspiration and guidance.

We invite you to share your anecdotes, achievements and candid moments from your HSC year and beyond. Photos, cherished memories and personal reflections are all welcome contributions.



If you are, or if you know any of these remarkable individuals, we would love to hear your story. We aim to feature a different alumnus bi-weekly, showcasing not just memories from the HSC year but also the diverse journeys that have unfolded since.

Connect with us by sending your details to jacqueline.matthew@det.nsw.edu.au, or you can reach out through our [Facebook page](#).

Feature articles

We are excited about the prospect of reconnecting, interviewing and crafting feature articles that honour your unique role in our school's story.

With warm regards,

Mrs Jacqui Matthew

KMHS **STUDENTS** ATTEND **ROTARY YOUTH PROGRAM** OF **ENRICHMENT CAMP BREAKFAST**



RYPEN Summer Camp

Recently our school had the privilege of sending three Year 10 students to the Rotary Youth Program of Enrichment (RYPEN) summer camp. Tyson, Marata and Laura were sponsored by our local Kariong-Somersby Rotary Club and attended the weekend camp at the Sydney Academy of Sport and Recreation located at Narrabeen. This experience was designed to develop students' potential in the areas of leadership, teamwork, communication and personal growth.

In recognition of their achievements, Tyson accepted an invitation to address a Rotary breakfast function, where he shared his personal experiences and reflections from the camp. Other guest speakers also touched on the importance of stepping out of their comfort zones, the value of teamwork, and the sense of accomplishment they felt upon overcoming challenges.

The RYPEN weekend camp challenged students through a series of engaging activities such as archery, raft

making and team-building exercises. Throughout the camp, participants developed invaluable skills focused on goal setting, motivation and perseverance as well as building lasting friendships with other participants.

Kariong Mountains High School would like to thank the Kariong-Somersby Rotary Club for their generous support and sponsorship, which has allowed our students to experience this fantastic opportunity.

We would also like to thank the Club's Youth Director, Carol Wickenden, who has worked tirelessly behind the scenes along with the Club President, Paul Carroll, for their commitment to providing these wonderful opportunities for our youth and emerging leaders.

Mr Neil Matthew

Rotary Breakfast attendees in the photo below, from left to right: Donna James, Garry Purchase, Tyson, Carol Wickenden, Paul Carroll and Neil Matthew





2024 NSW Premier's Reading Challenge



The NSW Premier's Reading Challenge is now open and Kariong Mountains High School is excited to be participating!

What is the NSW Premier's Reading Challenge?

The PRC is a statewide Challenge that encourages students to develop a love of reading for leisure and pleasure in students and enables them to experience quality literature. It is not a competition, but a challenge to encourage each student to read, to read more, and to read more widely.

All students who complete the challenge and have their reading record validated by the school's PRC coordinator will receive a certificate signed by the Premier of NSW.

How many books do students need to read?

Students in Kindergarten to Year 2 are challenged to read or experience 30 books. 20 of these books must be from the relevant Challenge booklists, and up to 10 books can be personal choice books. Books can be read with a parent, carer, teacher or another student.

Students in Year 3 to Year 10 are challenged to read 20 books independently. **At least 10 of these books must be from the relevant Challenge booklists, and up to 10 books can be personal choice books.**

If a book is from an approved PRC series, students can enter up to 5 books as Challenge books, and can read up to 10 other books from the same series as Personal Choice books. More information on the rules of the Challenge can be found on the PRC website.

Books must be added to a student's online reading record by Friday 23 August 2024 in order for their reading record to be validated and receive a certificate.

How do students log their reading?

Students can access the PRC's Student Experience site using their DoE username and password, or can log into the site via the Student Portal. A video guide explaining how to use the Student Experience site can be found here.

How can students find books on the NSW PRC challenge lists?

Our school library has a wide range of books from the PRC Reading Lists and they can be easily found using the PRC labels located on the spines of the books and/or using the 'My School Library' tile in the Student Portal.

PRC books can also be found in all branches of the Central Coast Library Service including Kariong.

For further information please contact Mrs Kirkland or Mrs Carraro, our **PRC Coordinators at Kariong Mountains High School.**

Quick Guide for Logging Books:

1. Log into the Student experience site using your DoE student username and password.
2. Use the blue search bar to search for books you have read.

- 2a: If the title appears, click "Add to Reading Log" to add it as a PRC book.**

- 2b: If the title does not appear, you will need to enter it as a personal choice book.**

How to enter a personal choice book:

1. Click on the icon in the top right hand corner:

2. Click on "My Reading Log"

3. Enter book details under the "Add a Personal Choice book" field and click "Add".

If you have any issues with logging books, please speak to Mrs Kirkland or Mrs Carraro.



Artwork by Sami Bayly

NSW Department of Education

2024 NSW Premier's Reading Challenge

Start reading now!

www.premiersreadingchallenge.nsw.edu.au



**Key dates
for students
in K-10:**

Challenge opens
Monday 26 February

Challenge closes
for student entries
Friday 23 August

Digital Partner



Supporter



Easter long weekend and autumn school holidays newsletter



March 2024

The Easter long weekend and autumn school holidays are always a popular time for visiting family and friends, with more traffic than usual on NSW roads. With the addition of the Anzac Day public holiday on 25 April, heavier traffic is expected on the last weekend of the school holidays. Let us help you plan your trip to ensure you experience fewer traffic delays on your journey.



Planning to travel outside Sydney?

To avoid delays, visit the **Journey Planner** to understand predicted traffic pinch points across NSW.



Get real-time updates with Live Traffic NSW

Download the **Live Traffic NSW app** or scan the **QR code** for real-time information about roads and changed traffic conditions. You can save your trip and receive notifications if any traffic incidents occur on route to your holiday destination.



Heading to Sydney Airport?

Easter is one of the busiest periods for Sydney Airport. Allow extra travel time and plan ahead.

To avoid delays, consider catching the train instead. Download the **Opal app** to keep informed of any public transport changes and alerts. If you are driving to the airport, check **Live Traffic NSW** before you leave home.



Visiting the Royal Easter Show?

Consider using public transport instead of driving. Allow extra travel time and plan ahead.

Extra trains and major event buses will run daily. Simply present your show ticket for free travel within Greater Sydney. Plan your trip at **transportnsw.info**. If you need to drive, it's essential you **pre-book parking online**.



Keep safe these holidays

Use these **road trip tools** to help you identify your rest stops, calculate tolls, vehicle load restrictions, and information on available vehicle ferries.



Allow extra travel time

Upgrade works continue across the NSW roads and public transport networks. **Plan ahead**, stay alert, and follow signs and speed limits.

COMMUNITY NEWS & EVENTS

*Phillip House
Mt. Penang
Trivia Night*

All proceeds to be donated to Kariong Mountains High School Breakfast Program

KHMS has many students that do not the opportunity to have a nourishing breakfast before they start their school day due to time, traveling and farming constraints. This puts them at a learning disadvantage, all money raised will go towards helping this breakfast program.

Kariong/Somersby
Rotary Club

Come and join us for a night full of fun and entertainment great prizes, raffles and games

Saturday 27th April 2024 at 7pm

Phillip House 21 Old Mount Penang Road
Kariong NSW 2250

Tables of 6-8 people - make up a team or come and join a table on the night
Tickets \$25 per person
BYO Drinks and Nibbles

Buy tickets at : 

<https://www.trybooking.com/CPQXB>

**Rotary Walking for Wellness
Family Fun Day**

COME JOIN US

Sunday 7th April

Walk the foreshore Long Jetty to
The Entrance
3.5km Walk Start Time 9:30AM

**Health and wellness information booths
and activities**

Food, Drinks, Amusements and Entertainment

**Raising awareness and funds for health
and wellbeing on the Central Coast**


SCAN ME

Entry gold coin donation

People of all ages & abilities
plus family pets (on lead)

Kariong/Somersby
Rotary Club


Central Coast

TEEN FIT
PLANET FITNESS **PASS**



**TEENS 15-19
WORK OUT
FOR FREE**

30 MAR - 28 APR 2024

Register now for FREE access to your nearest Planet Fitness!
teenfitpass.com.au

Under 18? Sign up with a parent or guardian in-club or online.
Must show proof of age when signing up!

 Inclusive Employment Solutions

Employment For All.

**SCHOOL HOLIDAY
Activities**

Monday 15 April	Shapes & Shakes (Clay & Milkshakes)
Friday 19 April	Hole in Fun: Putt Putt
Tuesday 23 April	Captivating Cupcakes (Painting & Cupcakes)
22 nd and 26 th April	The Beauty Box (Makeup basics)
Friday 26 April	Australian Museum: Ramses Exhibit



Register with Bec
Mobile: 0401 008 319; or
Email: rebecca.fletcher@omnia-inclusive.com.au