



**KARIONG MOUNTAINS  
HIGH SCHOOL**

# NEWSLETTER

Unity ✨ Knowledge ✨ Respect

**Week 10  
Term 3**  
27 September, 2024

PHONE: 4340 0246

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## SCHOOL NEWS:

**KMHS  
STAR  
ATTENDER**

**Congratulations!**  
WINNER of a \$10 *Canteen Voucher*

**Katelyn - Year 7**

*Sponsored by the P&C*

**Wishing all  
our families  
a happy and safe  
holiday break!**

**REST & REVIVE**

**Welcome back  
to a great Term 4  
at KMHS:**

**MONDAY  
14 OCT**

**R.O.S.E.**  
Recognition Of School Excellence

*To our Graduating Class of 2024,  
on completing your high school  
journey. KMHS wishes you all  
the best on the next leg of your  
adventure!*

CURRENT HOUSE POINTS			
<b>BOUDDI</b>	<b>DHARUG</b>	<b>GIRRAKOOOL</b>	<b>POPAN</b>
<b>13703</b>	<b>12917</b>	<b>13616</b>	<b>12607</b>

## GRADUATING CLASS OF 2024



## CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>14 October</b>	<b>15 October</b>	<b>16 October</b>	<b>17 October</b>	<b>18 October</b>
FIRST DAY OF TERM 4 WELCOME BACK TO ALL STUDENTS AND STAFF		Science Expo Week Science Expo Evening	HSC Exams	HSC Exams
<b>21 October</b>	<b>22 October</b>	<b>23 October</b>	<b>24 October</b>	<b>25 October</b>
HSC Exams Shark & Ray Stage 5 Marine St.	HSC Exams Partnership Gala Day	HSC Exams Year 11 Subject Interviews	HSC Exams	HSC Exams Year 8 Mock Interviews World Teacher Day



## FROM OUR PRINCIPAL

### POSITIVE PARTNERSHIPS AT KMHS

An important aspect of building a positive school culture here at Kariong Mountains High School, is to form strong and respectful relationships across our school community. In the past fortnight, I have witnessed this in action on numerous occasions and am proud to say that KMHS is shining bright!

### KARIONG MOUNTAINS LEARNING COMMUNITY SPORTS GALA DAY

Friday 13<sup>th</sup> September was a great day, with our learning community coming together for a dedicated **Gala Day**.



KMHS students organised and mentored our primary school students in a variety of activities that proved challenging yet rewarding. Thanks, to Mr O'Mahony and our partner primary schools, for their attendance, enthusiasm and efforts in making this happen.

### PLANT LOVERS FAIR

Last weekend, saw the annual Plant Lovers Fair back on our school grounds! It was lovely to see so many people from the Kariong Mountains and broader communities supporting this great event. Thank you, to all people involved in the organisation, with a special mention to our own Mrs Ayres, for her commitment and work behind the scenes to make this event such a success.



## Year 12 Graduation Ceremony



2024

### FAREWELL YEAR 12

On Thursday 26<sup>th</sup> September, we celebrated the Year 12 Graduation. This most important event on our school calendar marks one of the last formal occasions our Year 12 students will experience together as a year group. I take this opportunity to congratulate Year 12 and their families on this significant achievement. As we farewell our graduating class of 2024, I'd like to share an **extract** from my speech, delivered at the Graduation Ceremony.

*Congratulations, on reaching the amazing milestone of completing the equivalent of 13 years, 520 weeks or 2600 days of formal schooling. Ms Vine and I have been privileged and proud to support you as your principals, and it is my honour to stand before you all, as we celebrate the outstanding class of Year 12 2024.*

*Today is not just about celebrating your success, but also recognising the support you've had along the way. You also have my utmost respect and appreciation of the challenges you have worked through to achieve your HSC. You have learnt not just facts and figures, but also how to face challenges head-on, how to persist even when things seem difficult and how to lift each other up.*

*Along this journey, you have navigated COVID and remote learning, in 2020, when you had to adjust your ability to work independently. Following COVID, many of you have contributed to study groups, produced incredible PIPs, artworks, photography, timber projects and folios, navigating your assessment tasks to completion.*

*I am also proud that as a year group you improved your attendance to an **outstanding 90%** this term - a phenomenal effort! Your resilience has been tested and you have all risen to the occasion in a truly remarkable way. I hope, in years to come, you will all look back at this time and recognise just what an achievement this has been.*

*The Year 12 Academic Honours is a prestigious award, presented to students who have achieved excellent results across a range of courses and been ranked in either first or second position in the HSC Trials. It is my utmost pleasure to congratulate Ivanna, Patrick, Bridgette and Sequoia on being awarded this recognition.*

Year 12, as you now look ahead, beyond the Kariong Mountains' school gates, strive to be kind, compassionate, and thoughtful leaders of tomorrow. The world needs individuals, who are not only skilled, but also guided by integrity and empathy. Please remember this is the beginning of the next exciting phase of your journey, not the end.

I would like to acknowledge Ms Milne, for the great support she has provided as your year advisor throughout your time at KMHS and Mrs Peters, for her support as your year co-ordinator in Year 12.

A thought for your future Year 12: **Each of you is unique, with your own talents and perspectives. Don't be afraid to stand out, to be yourself and to follow the path that feels right for you.**

In the words of Nelson Mandela; **"It always seems impossible until it is done."** Go out there and show the world what you are capable of.

As you leave this school, know that you carry with you the pride of your teachers, your families, and your community. Congratulations, stay safe, make good choices and realise your dreams.



## THANK YOU, FOR YOUR ONGOING SUPPORT

As we enter the school holidays, can I take this opportunity to thank all families for your support and commitment to Kariong Mountains High School's students and staff.

We have a wonderful, committed and caring community and I look forward to a positive Term 4, as all students and staff return on Monday 14<sup>th</sup> October.

**To everyone, enjoy your break!**

Mrs Donna James  
Principal



## DEPUTY PRINCIPAL'S REPORT

### WEAR YOUR SCHOOL UNIFORM WITH PRIDE!

UNIFORM SHOP OPEN  
TUES & FRI 8-9AM



## School Uniform

Our continual efforts in addressing the students' wearing of uniform have been very successful. There has been a noticeable improvement and I appreciate the support of students and parents in particular. Uniform helps promote a positive image of our school and meets our value of **Unity**. With the holidays approaching, it is an ideal opportunity to ensure that full school uniform is organised for next term.

## Year 11 Exams

Year 11 have completed their exams and will commence the **HSC component** of their courses early in Term 4. The corresponding reports will also be made available and I encourage you to keep in touch with our communication methods. Procedures for students wishing to drop a subject will be communicated next term.

## Time to Rest and Refresh

I would like to wish all students and their families a happy and safe vacation. I am looking forward to another positive term, where our students continue to apply our school values **'Unity Knowledge Respect'**.

Mr Scott White  
Deputy Principal





# CELEBRATING STUDENT ACHIEVEMENT

On Friday, last week, school leaders and staff from surrounding regions came together in Newcastle to celebrate the progress of the Educational Pathways Program (EPP) and to explore new ways to engage and support students in vocational education and training (VET) and career pathways.

KMHS student, Tahmana (Year 12) received a **VET award from The Skill Engineer** last week. These awards were given for students who excelled during their work placement. Here is what they said about Tahmana at the ceremony.

**“**Our student **VET Information and Digital Technology** award goes to a student from Kariong Mountains High School, who attended both IDT work placements with the most mature and positive attitude, showing extreme professionalism. When on placement at CCVR, they were so impressed with him, they offered him a casual job, which he still holds now. He is a young entrepreneur, who started up his own business "Rudolph Creative" while still in Year 12 and has an amazing network already, being offered industry jobs and attending local business chamber. Huge Congratulations, to Tahmana. **”**



Tahmana was very thankful for his award, speaking confidently with a small acceptance speech. He graciously thanked The Skill Engineer for the opportunities they provided, his host employer Central Coast Virtual Reality at Erina Fair and his teacher.

***We are so proud of Tahmana!***

*Ms Jodie Lincoln  
Teacher*



**Our remarkable EPP students were the highlight of the day,** especially, Ivanna from Kariong Mountains High School, who excelled in her role as co-MC, guiding the event with poise and enthusiasm. ***Congratulations, and well done!***

*Mrs Sara Cutting  
Head Teacher Careers - Educational Pathways Program*

## Year 8 Music

Year 8 have been learning about **Pop Music** this term and have been developing their skills in playing songs on the keyboard.



## Waterfall Café Performance

This week, Lily and Jessica entertained the community with a performance at the Waterfall Café.



## Year 9 Music Elective

Students from the Year 9 Music elective have been working on their performance task title **'Make the Jam'**.

The students had the option to perform their pieces for the class or community, with many choosing to perform them in front of the community. The students all worked in groups to learn and perform a contemporary song of their choice.



## Songmakers

Next term, Year 9 Music will be learning how to write songs as part of the **APRA Songmakers** program.

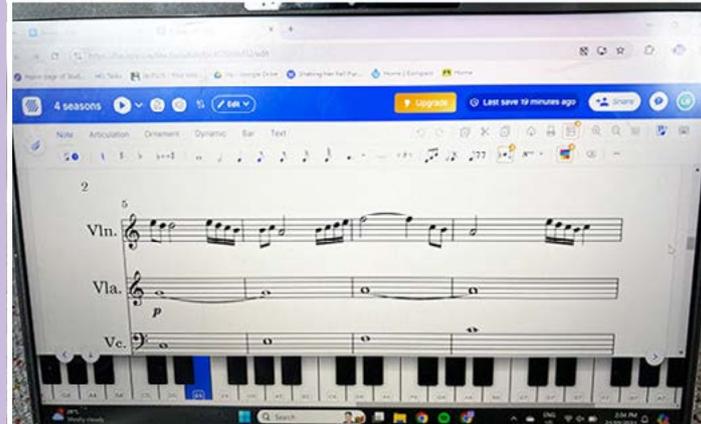
This will include a 2-day workshop where three industry professionals will guide the students through writing and recording their own songs.



## Music Composition

Year 10 Music have been working on their compositions inspired by **Vivaldi's Four Seasons**.

The students have been using digital software to compose music as part of their **Art Music** unit. The students have been tasked to compose music that is reflective of the 4 seasons.



## Year 11 Music 1 Exams

Year 11 just completed their performance exams, playing everything from **Stevie Wonder** to **Blink 182 pieces**.

Mr Hutchinson is incredibly proud of their efforts this year and their progression in the performance component of the course.



## Year 12 Music 1 HSC

Last week, this amazing group of Year 12 students completed the practical exam for their Music 1 studies, where they each played four songs to the HSC markers.

Brayden, Pat, Braith, Connor, Cian, Rhys and Declan all performed incredibly on the night, with the added pressure (support) of family and friends in the audience!



## Year 11 Music Industry Gig

The students have been learning how to put a show together for performance to an audience.

They have organised to play at Drifters Wharf on the 17/10 with tickets on sale now via the QR code. They have already sold \$1500 worth of tickets!

## MUSIC INDUSTRY 2024 © DRIFTERS WHARF



Thursday 17th October  
Drifters Wharf  
All ages event

8:30PM DOORS OPEN  
8:45PM THE 5 STRANGERS  
7:30PM MUSIC INDUSTRY

TICKETS  
\$15 PRE SALE  
\$20 AT THE DOOR



[WWW.TRYBOOKING.COM/GULZZ](http://WWW.TRYBOOKING.COM/GULZZ)



## Year 7 Visual Arts

Year 7 have been busy bringing insects to life in **Visual Arts** and have now moved onto learning about **Steampunk**.



Combining **lino cut** (a variant of woodcut) with paint and printing techniques, the students have explored the process of printmaking.

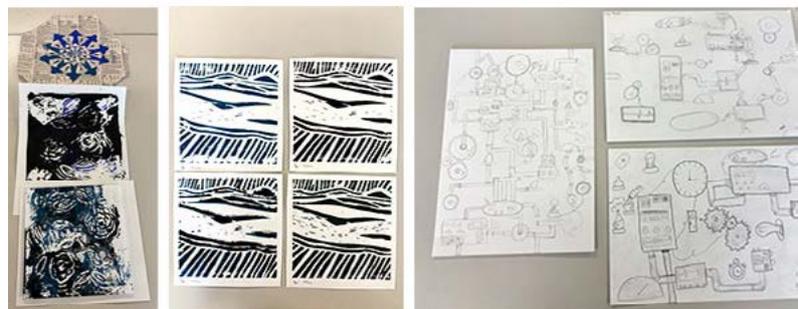
Starting from sketching and preparing the artwork (*thinking in reverse*), then using tools to transfer the artwork onto the linoleum mat, finalised through creating actual prints.

**This has been a learning exploration in texture, negative space and paint, with enthusiastic and fabulous results!**

CAPA Faculty Teachers

## Year 9/10 Visual Arts

The students have been learning about and exploring different methods of **printmaking**.



# HANDS-ON NUMERACY CONCEPTS

**Our Year 7/8 Unity class** has been actively engaged in a series of lessons focused on hands-on numeracy. This is an essential part of learning that equips students with the knowledge, skills and behaviours needed to apply mathematics in everyday life.

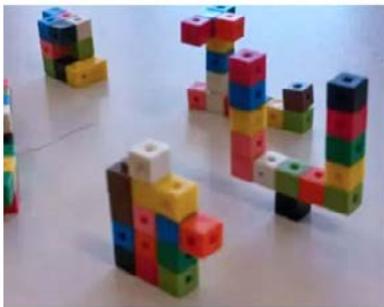
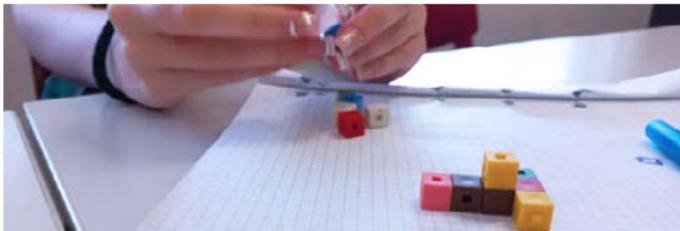
Numeracy plays a crucial role in helping students understand and interpret the world around them. Through these lessons, students are developing the ability to recognise how mathematics is involved in real-life situations and how to apply their skills purposefully.

In recent lessons, students explored a range of mathematical concepts, including spatial awareness, patterns, and both additive and multiplicative strategies. They were able to successfully demonstrate their ability to critically evaluate and interpret mathematical information in practical contexts, helping them develop the confidence to use math effectively in daily life.

These interactive sessions have allowed our students to foster a deeper understanding of math's real-world applications. 7/8 Unity students are definitely approaching every day mathematical problems with greater confidence, and **we are so proud of them!**

Mr Neil Matthew - Classroom Teacher

Mrs Jaqui Matthew - Numeracy SGT Facilitator



# TIPS TO STAY CYBER SAFE AND SECURE

## CYBER SECURITY Awareness Month 2024

Cyber Security is everyone's business

Let's celebrate Cybersecurity Awareness Month this October. Embrace the theme, 'Cyber Security is everyone's business', and help boost awareness and keep ourselves and our families safe online.



SIMPLE STEPS FOR HOME AND WORK:



**Use strong passwords**  
Set up passphrases and make them unique.



**Recognise and report phishing**

Question every email even if you know the sender.



**Add multi-factor authentication**

Help secure all your personal online accounts.

**Update your software**

Keep your software and applications updated. Enable auto-updates. Do not select 'Remind me later'



**AI and Deepfakes**

Click the video to watch a revealing conversation with Bastien Treptel, talking about WHY your information is so valuable, the evolution and future of cybercrime, along with emerging challenges of AI and deep fakes.



# COMMUNITY NEWS & EVENTS

**GO TCHA4LIFE**  
**24 HOUR ROW**  
FOR MENTAL FITNESS



## LET'S ROW THE DISTANCE FOR MENTAL FITNESS

Whether you're able to row 1 minute, 5 minutes, 30 minutes, or an hour, we would love to have you join our team!

5:00pm Friday 27th September to, 5:00pm Saturday 28th September, 2024.  
At North Avoca Surf Life Saving Club.

**JOIN OR DONATE >**



Friday 11 October

**Tie Dye Tote Bags**  
Where: Tuggerah Library, 10.30am-12pm  
Cost: \$5.50  
9-12 years  
Join Luka from Central Coast Creative Hub and celebrate spring by twisting, tying, and dying your very own funky tote bag that you can show off, whether to take out books or go to the beach.  
You can even bring along your own 100% cotton, white t-shirt and tie dye that too. Use a variety of colours and techniques to make your creation unique!  
Bookings essential.  
Enquiries: 4350 1578



**Ticket Information**  
Tickets are payable at time of booking via TryBooking.

**Refund Information**  
Refunds are accepted up to 7 days before the event starts. No refunds will be accepted after this period.

One parent/carer per child, there is no charge for a parent/carer to attend, unless stated. Children under 12 years must be supervised by an adult throughout the program.

Book your place or view more events at [libraries.centralcoast.nsw.gov.au/whats-on](http://libraries.centralcoast.nsw.gov.au/whats-on)



Central Coast Library Service  
Monday 30 September to Friday 11 October

Monday 30 September - Friday 11 October 2024

**Fun and Games**  
Where: Kincumber Library, during branch opening hours  
Cost: free  
All ages  
Grab a beanbag and challenge old and new friends to a game on the PlayStation 4! We have a great selection of games, with up to 4 controllers.  
No bookings required  
Enquiries: 4304 7641



## What's On at the library these School Holidays



Create, learn and have fun these Spring holidays with a variety of activities for children and youth.

Available to book from Monday 16 September, 8am.

Pick up a copy of the program at your local library today or visit [libraries.centralcoast.nsw.gov.au/whats-on](http://libraries.centralcoast.nsw.gov.au/whats-on) and search School Holidays.

Our events are now on TryBooking. Browse the events [trybooking.com/eventlist/centralcoastlibraryservice](http://trybooking.com/eventlist/centralcoastlibraryservice)



HOLIDAY FUN



Bateau Bay | Erina | Gosford | Kariong | Kincumber  
Lake Haven | Toukley | Tuggerah | Umina Beach | Woy Woy  
[libraries.centralcoast.nsw.gov.au/whats-on](http://libraries.centralcoast.nsw.gov.au/whats-on)  
Unlock *imagination* at your library

## PCYC SAFER DRIVERS COURSE

- ★ IMPROVE WITH SAFE AND LOW-RISK DRIVING STRATEGIES
- ★ GET 20 HOURS OFF YOUR LOGBOOK

THE SAFER DRIVERS COURSE INVOLVES TWO MODULES

### MODULE 1

A three-hour facilitated group workshop discussing risks and behaviours.

### MODULE 2

A two-hour, in vehicle coaching session developing low risk driving techniques.

**\$140**

Concessions available  
Conditions apply.

**BOOK ONLINE TODAY**



PCYC is an accredited provider of the Transport for NSW Safer Drivers Course

The Safer Drivers Course logo is a trade mark of Transport for NSW of 16 Lee St Chippendale NSW Australia.



NSW Department of Education

## Free internet for eligible families

The Australian Government's School Student Broadband Initiative offers free home internet for eligible families.

Check your eligibility

- Call the National Referral Centre on 1800 954 610
- Visit [anglicarevic.org.au/student-internet](http://anglicarevic.org.au/student-internet)
- Email [studentinternet@anglicarevic.org.au](mailto:studentinternet@anglicarevic.org.au)

